

## Audrey Monke Bio Short

Audrey Monke, with her husband, Steve, has owned and directed Gold Arrow Camp (Lakeshore, California) for 34 years. On her website, Sunshine Parenting, Audrey shares resources for parents and youth development professionals about summer camp, parenting, and happiness. Her podcast features interviews with parenting authors and experts, including camp directors. Audrey's book, *Happy Campers: 9 Summer Camp Secrets for Raising Kids Who Become Thriving Adults* (Hachette-Center Street, 2019) shares strategies for bringing the "magic" of camp home.