



SOCIAL SKILLS CHECKLIST

HAPPY CAMPERS: 9 SUMMER CAMP SECRETS FOR RAISING KIDS WHO BECOME THRIVING ADULTS



Circle 1 if you are NEVER good at using the skill.

Circle 2 if you are HARDLY EVER good at using the skill.

Circle 3 if you are SOMETIMES good at using the skill.

Circle 4 if you are ALMOST ALWAYS good at using the skill.

Circle 5 if you are ALWAYS good at using the skill.

Joining into conversations with other people	1	2	3	4	5
Extending invitations to other people	1	2	3	4	5
Asking questions to get to know others	1	2	3	4	5
Listening well / not interrupting	1	2	3	4	5
Sharing about yourself without bragging	1	2	3	4	5
Being trustworthy (no gossip, good at keeping a secret)	1	2	3	4	5
Including others	1	2	3	4	5
Introducing yourself to new people	1	2	3	4	5
Introducing your friends to each other	1	2	3	4	5
Forming equal friendships (mutual)	1	2	3	4	5
Smiling and other nonverbal social skills	1	2	3	4	5
Staying calm when angry	1	2	3	4	5
Managing conflicts independently	1	2	3	4	5
Being kind	1	2	3	4	5
Celebrating others' victories	1	2	3	4	5