

BRINGING CAMP HOME

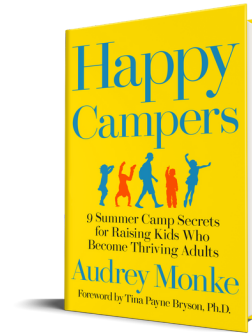
TIPS & INSIGHTS TO BRING HOME THE MAGIC OF CAMP CHAMPIONS





INTRODUCTION

While researching and writing *Happy Campers*, Audrey Monke solicited input and ideas from many different camp directors. She shares activities and strategies in the “Bringing Camp Home” section at the end of each chapter.



There are still many more ideas from summer camp to share with parents, teachers, and everyone else who works with and cares about raising a generation of kids who become thriving adults.

Here are some additional wisdom and ideas from Susie Baskin that you can incorporate to bring some of the magic of Camp Champions home when your child returns.



WISDOM

“Fun is the delivery mechanism. Fun is the way we get kids to come and stay and want to be at camp. They don’t realize all the youth development and life lessons they’re getting once they are here.”

~ **Susie Baskin**

“I want them [campers] to realize, they are the hero of their own life.”

~ **Susie Baskin**

“It is an investment that pays of dividends at the most unexpected times.”

~ **Camp Champions Parent**

TIPS & STRATEGIES



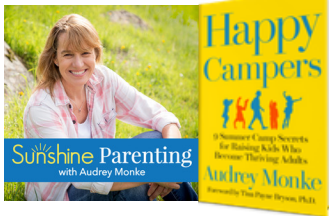
Ask your child what they think the solutions to their problems are instead of offering them one.



Parents can teach their child the four R's of Camp Champions:

- Respect: Treat everyone with kindness
- Responsibility: You have a duty to follow through on commitments and you are responsible for your own life.
- Reaching Out to Others: You have the power to lift someone up and create a friendship by reaching out.
- Reasonable Risk: Risks are healthy to take. BUT, do not take risks that are dangerous, take risk that will have positive results and push you to grow.





BRINGING CAMP HOME ACTIVITY CHART

HAPPY CAMPERS: 9 SUMMER CAMP SECRETS FOR RAISING KIDS WHO BECOME THRIVING ADULTS

| Secret | One Simple Thing | The Sticky Note Solution | Make It Fun | Around the Campfire | Family Meeting Topic | Diving Deeper |
|-------------------------|-----------------------------------|-----------------------------|--|--------------------------------|---------------------------------------|--|
| #1 Connection | One-on-One Chat | A Note of Appreciation | Home Movies or Pictures; 100 Memories; Outdoor Fun | Questions for Connection | Screen Usage | Create a Family Contract |
| #2 Positive Behavior | Brainstorm "Skills to Build" List | "I noticed..." | Finding Family Flow | What Went Well Today? | Family Values and Rules | Evaluate Your Parenting |
| #3 Optimism | Four Smiles | Inspirational Quote | Sing or Dance (or Both) | Three Good Things; WOWs | Optimism vs. Pessimism; Optimism Quiz | No Complaining for 24 Hours |
| #4 Independence | Let Them Go | "What Are You Going to Do?" | "Be the Adult" Game | Biggest Independence Challenge | Responsibility and Freedom | Acknowledge Ambivalence About Kids' Independence |
| #5 Grit | Personal Goals | "Yet." | Gritty Movies and Books | Courage Box | Family Goals | Comfort Zones |
| #6 Responsibility | Chore Audit | Saturday Sticky | Make Chores More Fun | Delayed Gratification | Sharing Household Duties | Raise Future Adults |
| #7 Structure | Hot Spots and Routines | What's Happening Today | Unplugged Family Time | How We Relax | The "Why" Behind the Rules | Family Culture |
| #8 Kindness | Stay Calm | Acts of Kindness | Notes and Gifts | Kindness Brainstorm | Donating | Kindness Challenge |
| #9 Making Friends | Model Friendship | Compliment on Social Skill | Play a Game | Social Skill of the Week | What Makes a Good Friend? | Seek Support |