

BRINGING CAMP HOME

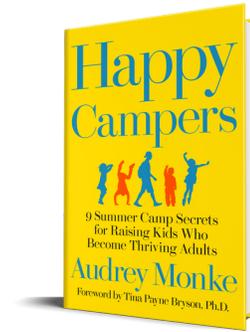
TIPS & INSIGHTS TO BRING HOME THE MAGIC OF CAMP CHAMPIONS





INTRODUCTION

While researching and writing *Happy Campers*, Audrey Monke solicited input and ideas from many different camp directors. She shares activities and strategies in the “Bringing Camp Home” section at the end of each chapter.



There are still many more ideas from summer camp to share with parents, teachers, and everyone else who works with and cares about raising a generation of kids who become thriving adults.

Here are some additional wisdom and ideas from Susie Baskin that you can incorporate to bring some of the magic of Camp Champions home when your child returns.



WISDOM

“Fun is the delivery mechanism. Fun is the way we get kids to come and stay and want to be at camp. They don’t realize all the youth development and life lessons they’re getting once they are here.”

~ **Susie Baskin**

“I want them [campers] to realize, they are the hero of their own life.”

~ **Susie Baskin**

“It is an investment that pays of dividends at the most unexpected times.”

~ **Camp Champions Parent**

TIPS & STRATEGIES



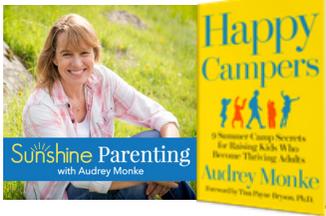
Ask your child what they think the solutions to their problems are instead of offering them one.



Parents can teach their child the four R's of Camp Champions:

- Respect: Treat everyone with kindness
- Responsibility: You have a duty to follow through on commitments and you are responsible for your own life.
- Reaching Out to Others: You have the power to lift someone up and create a friendship by reaching out.
- Reasonable Risk: Risks are healthy to take. BUT, do not take risks that are dangerous, take risk that will have positive results and push you to grow.





BRINGING CAMP HOME ACTIVITY CHART

HAPPY CAMPERS: 9 SUMMER CAMP SECRETS FOR RAISING KIDS WHO BECOME THRIVING ADULTS

Secret	One Simple Thing	The Sticky Note Solution	Make It Fun	Around the Campfire	Family Meeting Topic	Diving Deeper
#1 Connection	One-on-One Chat	A Note of Appreciation	Home Movies or Pictures; 100 Memories; Outdoor Fun	Questions for Connection	Screen Usage	Create a Family Contract
#2 Positive Behavior	Brainstorm "Skills to Build" List	"I noticed..."	Finding Family Flow	What Went Well Today?	Family Values and Rules	Evaluate Your Parenting
#3 Optimism	Four Smiles	Inspirational Quote	Sing or Dance (or Both)	Three Good Things; WOWs	Optimism vs. Pessimism; Optimism Quiz	No Complaining for 24 Hours
#4 Independence	Let Them Go	"What Are You Going to Do?"	"Be the Adult" Game	Biggest Independence Challenge	Responsibility and Freedom	Acknowledge Ambivalence About Kids' Independence
#5 Grit	Personal Goals	"Yet."	Gritty Movies and Books	Courage Box	Family Goals	Comfort Zones
#6 Responsibility	Chore Audit	Saturday Sticky	Make Chores More Fun	Delayed Gratification	Sharing Household Duties	Raise Future Adults
#7 Structure	Hot Spots and Routines	What's Happening Today	Unplugged Family Time	How We Relax	The "Why" Behind the Rules	Family Culture
#8 Kindness	Stay Calm	Acts of Kindness	Notes and Gifts	Kindness Brainstorm	Donating	Kindness Challenge
#9 Making Friends	Model Friendship	Compliment on Social Skill	Play a Game	Social Skill of the Week	What Makes a Good Friend?	Seek Support