

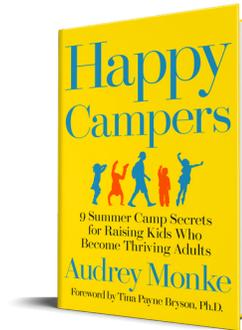
BRINGING CAMP HOME

TIPS & INSIGHTS TO BRING HOME THE MAGIC OF
CAMP CHIPPEWA FOR BOYS



INTRODUCTION

While researching and writing *Happy Campers*, Audrey Monke solicited input and ideas from many different camp directors. She shares activities and strategies in the “Bringing Camp Home” section at the end of each chapter.



There are still many more ideas from summer camp to share with parents, teachers, and everyone else who works with and cares about raising a generation of kids who become thriving adults.

Here are some additional wisdom and ideas from Mike and Mary Endres that you can incorporate to bring some of the magic of Camp Chippewa home when your son returns.

WISDOM

“It was fun to see our boys [at camp], but we had to give them that space.”
~ **Mary Endres**

“They [Campers] are really reaching these remote wilderness areas that provides challenges, growth, a brotherhood, that you can only get when you are with a group for three weeks at a time.”
~ **Mike Endres**

“I think today’s culture there is not a lot of chances for boys, or girls, to have that step into adulthood. And, these older boys especially, when they come back from these three-week canoe trips, are on that path to manhood. You can see them physically, emotionally, even spiritually stronger.”
~ **Mike Endres**

“Taking a situation where there is challenge and there’s discomfort, not that you’re going to magically wave a wand and make things disappear, but how do you persevere? How do you get through that?”
~ **Mike Endres**

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TIPS & STRATEGIES



At home parents can teach their children to keep eye contact by instructing children to look for the other person's eye color.



Encourage your child to have eye-to-eye conversations with people, instead of over social media.



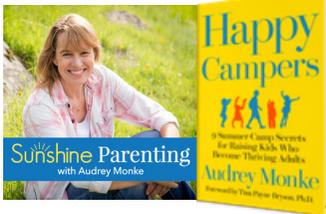
Remind your child that THEY pick their attitude every day.



As often as parents can, they should eat family style together. This encourages conversation and helps improve their children's social skills.



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BRINGING CAMP HOME ACTIVITY CHART

HAPPY CAMPERS: 9 SUMMER CAMP SECRETS FOR RAISING KIDS WHO BECOME THRIVING ADULTS

Secret	One Simple Thing	The Sticky Note Solution	Make It Fun	Around the Campfire	Family Meeting Topic	Diving Deeper
#1 Connection	One-on-One Chat	A Note of Appreciation	Home Movies or Pictures; 100 Memories; Outdoor Fun	Questions for Connection	Screen Usage	Create a Family Contract
#2 Positive Behavior	Brainstorm "Skills to Build" List	"I noticed..."	Finding Family Flow	What Went Well Today?	Family Values and Rules	Evaluate Your Parenting
#3 Optimism	Four Smiles	Inspirational Quote	Sing or Dance (or Both)	Three Good Things; WOWs	Optimism vs. Pessimism; Optimism Quiz	No Complaining for 24 Hours
#4 Independence	Let Them Go	"What Are You Going to Do?"	"Be the Adult" Game	Biggest Independence Challenge	Responsibility and Freedom	Acknowledge Ambivalence About Kids' Independence
#5 Grit	Personal Goals	"Yet."	Gritty Movies and Books	Courage Box	Family Goals	Comfort Zones
#6 Responsibility	Chore Audit	Saturday Sticky	Make Chores More Fun	Delayed Gratification	Sharing Household Duties	Raise Future Adults
#7 Structure	Hot Spots and Routines	What's Happening Today	Unplugged Family Time	How We Relax	The "Why" Behind the Rules	Family Culture
#8 Kindness	Stay Calm	Acts of Kindness	Notes and Gifts	Kindness Brainstorm	Donating	Kindness Challenge
#9 Making Friends	Model Friendship	Compliment on Social Skill	Play a Game	Social Skill of the Week	What Makes a Good Friend?	Seek Support