

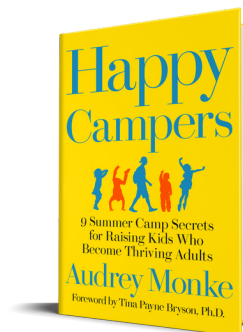
BRINGING CAMP HOME

TIPS & INSIGHTS TO BRING HOME THE MAGIC OF
KENNOLYN CAMPS



INTRODUCTION

While researching and writing *Happy Campers*, Audrey Monke solicited input and ideas from many different camp directors. She shares activities and strategies in the “Bringing Camp Home” section at the end of each chapter.



There are still many more ideas from summer camp to share with parents, teachers, and everyone else who works with and cares about raising a generation of kids who become thriving adults.

Here are some additional wisdom and ideas from Andrew Townsend that you can incorporate to bring some of the magic of Kennolyn Camps home when your child returns.

WISDOM

“We also, philosophically, really want kids to learn from different adults. Every counselor has a different way of coaching, a different way of communicating.”

~ Andrew Townsend

“We tell our staff very intentionally, you may be the only person from your country that that child ever talks to so think about what you want them to know.”

~ Andrew Townsend

“We hear a lot back from parents, and campers about responsibility.”

~ Andrew Townsend

“We really play heavily on this is your camp. So when you walk by a piece of trash, pick it up.”

~ Andrew Townsend

“We do have a philosophical belief that kids actually, and humans in general, have good friend making skills. What they need is coaching and practice.”

~ Andrew Townsend



TIPS & STRATEGIES



All kids are good kids. Some kids just need practice at socializing or a little more guidance than other.

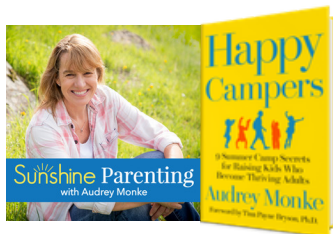


Give kids time to play and give kids downtime to relax. Kids get over stimulated just like adults and they need time to recharge as well.



Teach your child to always be respectful when interacting with others.





BRINGING CAMP HOME ACTIVITY CHART

HAPPY CAMPERS: 9 SUMMER CAMP SECRETS FOR RAISING KIDS WHO BECOME THRIVING ADULTS

Secret	One Simple Thing	The Sticky Note Solution	Make It Fun	Around the Campfire	Family Meeting Topic	Diving Deeper
#1 Connection	One-on-One Chat	A Note of Appreciation	Home Movies or Pictures; 100 Memories; Outdoor Fun	Questions for Connection	Screen Usage	Create a Family Contract
#2 Positive Behavior	Brainstorm "Skills to Build" List	"I noticed..."	Finding Family Flow	What Went Well Today?	Family Values and Rules	Evaluate Your Parenting
#3 Optimism	Four Smiles	Inspirational Quote	Sing or Dance (or Both)	Three Good Things; WOWs	Optimism vs. Pessimism; Optimism Quiz	No Complaining for 24 Hours
#4 Independence	Let Them Go	"What Are You Going to Do?"	"Be the Adult" Game	Biggest Independence Challenge	Responsibility and Freedom	Acknowledge Ambivalence About Kids' Independence
#5 Grit	Personal Goals	"Yet."	Gritty Movies and Books	Courage Box	Family Goals	Comfort Zones
#6 Responsibility	Chore Audit	Saturday Sticky	Make Chores More Fun	Delayed Gratification	Sharing Household Duties	Raise Future Adults
#7 Structure	Hot Spots and Routines	What's Happening Today	Unplugged Family Time	How We Relax	The "Why" Behind the Rules	Family Culture
#8 Kindness	Stay Calm	Acts of Kindness	Notes and Gifts	Kindness Brainstorm	Donating	Kindness Challenge
#9 Making Friends	Model Friendship	Compliment on Social Skill	Play a Game	Social Skill of the Week	What Makes a Good Friend?	Seek Support

*Kennolyn
Camps*