

BRINGING CAMP HOME

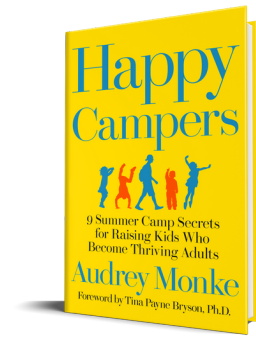
TIPS & INSIGHTS TO BRING HOME THE MAGIC OF
WALTON'S GRIZZLY LODGE SUMMER CAMP





INTRODUCTION

While researching and writing *Happy Campers*, Audrey Monke solicited input and ideas from many different camp directors. She shares activities and strategies in the “Bringing Camp Home” section at the end of each chapter.



There are still many more ideas from summer camp to share with parents, teachers, and everyone else who works with and cares about raising a generation of kids who become thriving adults.

Here are some additional wisdom and ideas from Julie Walton that you can incorporate to bring some of the magic of Walton’s Grizzly Lodge Summer Camp home when your child returns.



WISDOM

“Our kids are all there [at camp] with different needs...and we really need to meet them right where they are.”
~ Julie Walton

“A lot of time that growth and the great things happen when we least expect it, or when we have a negative attitude about something and we turn it around.”
~ Audrey Monke

“Every element of camp is focused on making connections—having kids BELONG to this organization from the moment they get there to the moment they go home.”
~ Julie Walton

“What we are focused on is really a balance of independence and being very connected.”
~ Julie Walton



TIPS & STRATEGIES



Parents can have kids be contributors during activities and meal times. Ask kids what they want for dinner, or ask them to help make it.

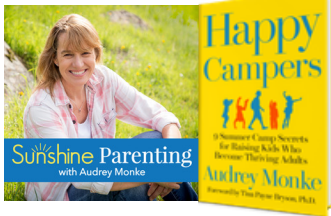


Part of building a strong community is having each member in that community contribute. Make sure your child is learning and participating as a contributor of their community.



Start activities (meal times, games, movies, etc.) together and end together. This will create a sense of community.





BRINGING CAMP HOME ACTIVITY CHART

HAPPY CAMPERS: 9 SUMMER CAMP SECRETS FOR RAISING KIDS WHO BECOME THRIVING ADULTS

Secret	One Simple Thing	The Sticky Note Solution	Make It Fun	Around the Campfire	Family Meeting Topic	Diving Deeper
#1 Connection	One-on-One Chat	A Note of Appreciation	Home Movies or Pictures; 100 Memories; Outdoor Fun	Questions for Connection	Screen Usage	Create a Family Contract
#2 Positive Behavior	Brainstorm "Skills to Build" List	"I noticed..."	Finding Family Flow	What Went Well Today?	Family Values and Rules	Evaluate Your Parenting
#3 Optimism	Four Smiles	Inspirational Quote	Sing or Dance (or Both)	Three Good Things; WOWs	Optimism vs. Pessimism; Optimism Quiz	No Complaining for 24 Hours
#4 Independence	Let Them Go	"What Are You Going to Do?"	"Be the Adult" Game	Biggest Independence Challenge	Responsibility and Freedom	Acknowledge Ambivalence About Kids' Independence
#5 Grit	Personal Goals	"Yet."	Gritty Movies and Books	Courage Box	Family Goals	Comfort Zones
#6 Responsibility	Chore Audit	Saturday Sticky	Make Chores More Fun	Delayed Gratification	Sharing Household Duties	Raise Future Adults
#7 Structure	Hot Spots and Routines	What's Happening Today	Unplugged Family Time	How We Relax	The "Why" Behind the Rules	Family Culture
#8 Kindness	Stay Calm	Acts of Kindness	Notes and Gifts	Kindness Brainstorm	Donating	Kindness Challenge
#9 Making Friends	Model Friendship	Compliment on Social Skill	Play a Game	Social Skill of the Week	What Makes a Good Friend?	Seek Support

